SKELETON AND MUSCLES

# Bones, joints and muscles



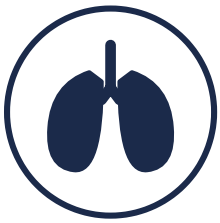
## Skeleton

Holds your body up and gives it its shape.



## Skull

Protects the brain.



## Ribs

Protect the heart and lungs.



## Spine

A column of small bones that supports the body.



## Joints

Where two bones meet, so the body can bend and move.



## Muscles

Pull on bones to move them. They only pull, never push.