SKELETON AND MUSCLES

Bones, joints and muscles



Skeleton

Holds your body up and gives it its shape.



Skull

Protects the brain.



Ribs

Protect the heart and lungs.



Spine

A column of small bones that supports the body.



Joints

Where two bones meet, so the body can bend and move.



Muscles

Pull on bones to move them. They only pull, never push.