

# Our anti-bullying promise

**Class:** _____ **Date:** _____

- [x] **We treat everyone with kindness and respect.**
- [x] **We include people and never leave anyone out on purpose.**
- [x] **We think before we speak, type or post.**
- [x] **If we see bullying, we speak up and tell an adult.**
- [x] **We celebrate our differences.**
- [x] **We help anyone who is upset or on their own.**
- [ ] **Our own promise:** _____

## Sign our promise