YOU ARE NOT ALONE

Bullied online? Do this

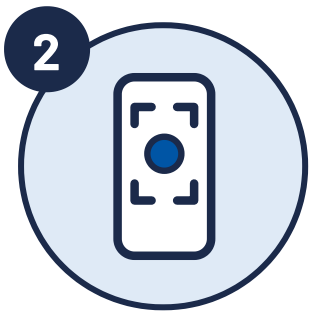
1



Stop

Do not reply.

2



Screenshot

Keep a record.

3



Block

Block the account.

4



Report

Use the report button.

5



Tell

Tell an adult you trust.

At our school you can talk to:

_____

_____

Childline: call free on 0800 1111 or visit childline.org.uk

postertemplate.co.uk