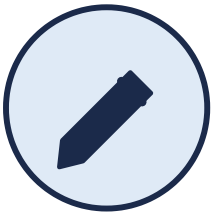
LEARNING

How to learn something new

1. 

Read or listen

Take in the new idea.

2. 

Have a go

Practise it in your own way.

3. 

Test yourself

Try without looking at your notes.

4. 

Come back later

Look again after a few days.

5. 

Explain it

Teach it to someone else.

↻ Keep practising - progress takes time

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