LEFTOVERS

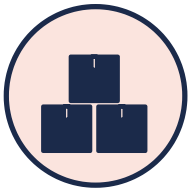
Cooling, storing and reheating

Handle cooked food with the same care as raw.

1. 

Cool quickly

Do not leave cooked food standing around.

2. 

Cover and chill

Put it in a clean covered container in the fridge.

3. 

Label it

Write what it is and the date.

4. 

Reheat well

Heat until steaming hot all the way through.

5. 

Once only

Do not reheat the same food more than once.

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