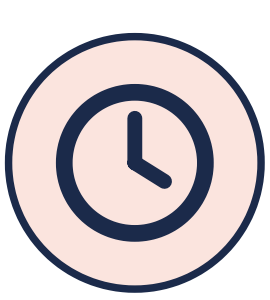
LEFTOVERS

Cooling, storing and reheating

Handle cooked food with the same care as raw.

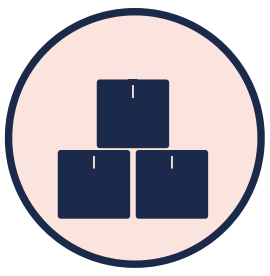
1



Cool quickly

Do not leave cooked food standing around.

2



Cover and chill

Put it in a clean covered container in the fridge.

3



Label it

Write what it is and the date.

4



Reheat well

Heat until steaming hot all the way through.

5



Once only

Do not reheat the same food more than once.

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