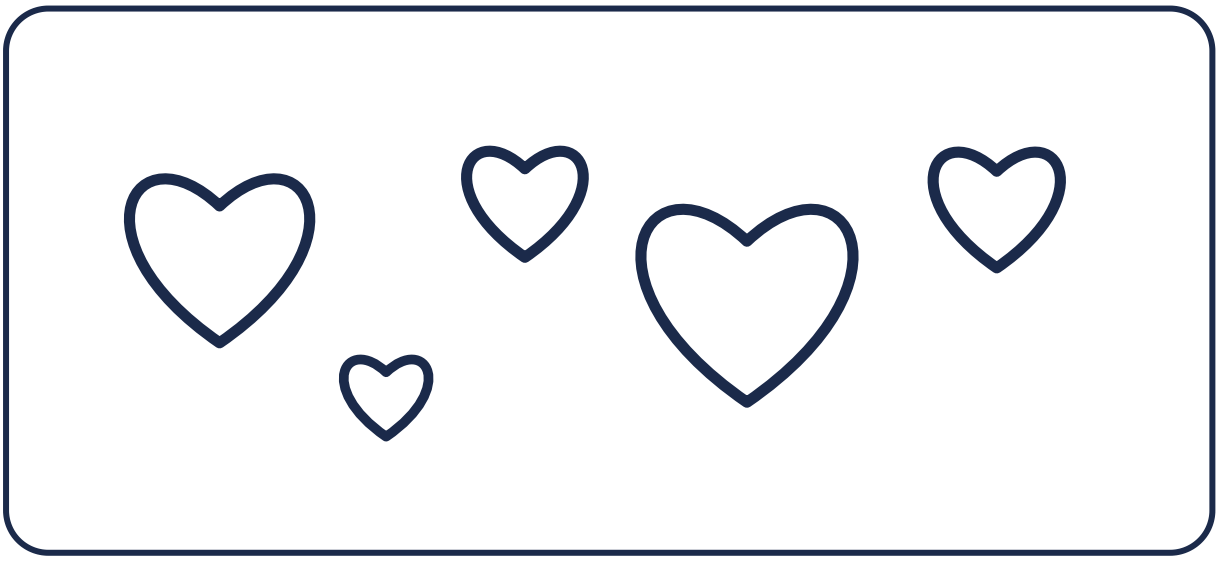
Move in a way you enjoy.



Start small. Every bit of movement counts.

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