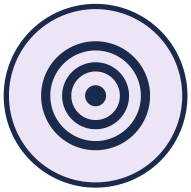
MAKE IT HAPPEN

From goal to done

Five steps to get started and keep going.

1 

Pick one goal

Be clear about what you want.

2 

Break it down

Split it into small, doable steps.

3 

Plan when

Choose a day and a time for the first step.

4 

Keep going

Review it often and adjust as you learn.

5 

Celebrate

Notice each win, big or small.

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