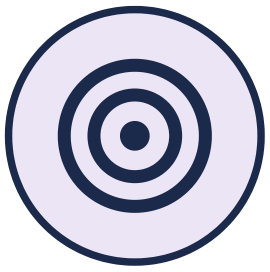
MAKE IT HAPPEN

From goal to done

Five steps to get started and keep going.

1



Pick one goal

Be clear about what you want.

2



Break it down

Split it into small, doable steps.

3



Plan when

Choose a day and a time for the first step.

4



Keep going

Review it often and adjust as you learn.

5



Celebrate

Notice each win, big or small.