GOOD HYGIENE

Personal hygiene at work

Good habits protect you, your colleagues and the people you serve.



Clean hands

Wash them often and dry them well.



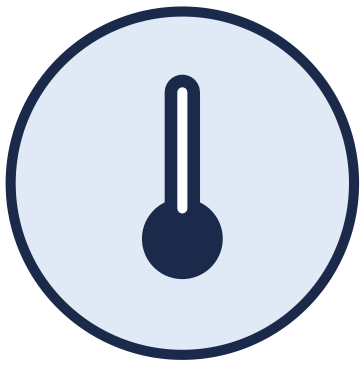
Clean clothing

Wear clean work clothes or uniform each day.



Coughs and sneezes

Cover them with a tissue, then wash your hands.



Feeling unwell

Tell your manager before you start work.