Worked example - colour a square or add a sticker each time

Reward chart

Name: Alfie Week starting: Monday 16 November 2026

Goal	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Get dressed by myself							
Brush teeth morning and night							
Tidy toys away							
Read with a grown-up							
Kind hands and words							

Squares to earn 20 squares

My reward Trip to the park café on Sunday

How to use this template

A reward chart helps a child see their progress towards a goal. Keep goals small, clear and positive.

1. **Pick up to five goals.** Write them as things to do, such as 'Tidy toys away', rather than things not to do.
2. **Agree the reward.** Decide together how many squares earn the reward and write it at the bottom.
3. **Mark each success.** Colour the square or add a sticker straight away, and say well done.
4. **Start a new chart each week.** Change the goals once they become easy.